



Fire Service Occupational Cancer Regional Seminars



The dramatic increase in the incidence of occupational cancers is one of the most important problems facing the fire service today. The First Responder Center coordinates the activities of the Fire Service Occupational Cancer Alliance, a collaborative effort among all fire service constituencies to educate personnel about cancer prevention, provide resources for those who have been diagnosed with an occupational cancer and support research to address the disease.

In September 2017, the FSOCA hosted a national symposium focusing solely on fire service occupational cancers, the first event of its kind. Over two days, presentations and workshops covered current research, prevention strategies, presumptive legislation, benefits, and other relevant topics. Based upon the overwhelming positive feedback we are taking the show on the road and conducting regional one day seminars based upon some of the key topics from the symposium.

<u>TRAINING DATE:</u>	Thursday, March 5, 2020
<u>LOCATION:</u>	Wake County Emergency Services Education Center
<u>ADDRESS:</u>	221 S. Rogers Lane, Raleigh, NC 27610
<u>TIME:</u>	8:00AM - 4:30PM
<u>REGISTER:</u>	firstrespondercenter.org/events

Regional Cancer Seminar Topics Include:

- An overview of research studies to date, including a discussion of underrepresented groups and research needs
- Modifiable Risk Factors and Healthy Lifestyle
- Exposure Reduction and Implementation Strategies
- Support After the Cancer Diagnosis

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PROVIDENT



AGENDA

- 0800 – 0815** **Overview**
- Welcome from Host Department/Agency**
- 0815 – 1000** **How Did We Get Here and Where Are We Going?**
An overview of research studies to date, including a discussion of underrepresented groups and research needs. This session will also provide an overview of dermal and inhalation carcinogen exposures to firefighters.
- 1000 – 1015** **Break**
- 1015 – 1200** **Modifiable Risk Factors and Healthy Lifestyle**
This session will address reducing risk, increasing protective factors, and building resilience through a healthy lifestyle. Wellness best practices regarding diet, exercise, smoking cessation, and sleep, as well as successful programs.
- 1200 – 1300** **Lunch**
- 1300 – 1445** **Exposure Reduction and Implementation Strategies**
This session will look at procedures that can be implemented by departments and personnel to reduce exposure at the fire scene, in apparatus and at the fire station. This session will also discuss current advances in PPE development to reduce exposure as well as best practices for fire fighter decontamination processes.
- 1445 – 1500** **Break**
- 1500 – 1600** **Support After the Cancer Diagnosis**
This session will provide an overview of the FCSN tool kit and key steps in the cancer treatment process.
- 1600 – 1630** **Concluding Remarks**
Final remarks will touch on presumptive legislation as well as how an organizations overall culture fits in with implementing change.