



# SUMMARY of BENEFITS

Troy Medicare (HMO)

January 1 - December 31, 2021

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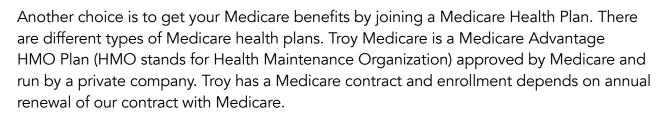
OMB Approval 0938-1051 (Expires: December 31, 2021)

This booklet gives you a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, call us and ask for the Evidence of Coverage.



#### You have choices about how to get your Medicare benefits

One choice is to get your Medicare benefits through Original Medicare (fee-for-service Medicare). Original Medicare is run directly by the Federal government.







#### Tips for comparing your Medicare choices

This Summary of Benefits booklet gives you a summary of what Troy Medicare covers and what you pay.

If you want to compare our plan with other Medicare health plans, ask the other plans for their Summary of Benefits booklets. Or, use the Medicare Plan Finder on https://www.medicare.gov.

If you want to know more about the coverage and costs of Original Medicare, look in your current Medicare & You handbook. View it online at https://www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

#### Sections in this booklet

- Things to Know About Troy Medicare HMO
- Monthly Premium, Deductible, and Limits on How Much You Pay for Covered Services
- Covered Medical and Hospital Benefits
- Prescription Drug Benefits

This document is available in other formats such as Braille, audio, and large print. This document may be available in a non-English language. For additional information, call us at 1-888-494-TROY (8769).

#### Things to know about Troy Medicare HMO

#### **Hours of Operation**

Our hours of operation depend on the time of the year.

During the months of April through September, we are available from 8:00 am to 8:00 pm, Monday through Friday.

During the months of October through March, we are available from 8:00 am to 8:00 pm, seven (7) days a week.

#### **Troy Medicare Contact Information**

If you need to contact us, you can contact our member service department at the following numbers:

- If you are a member of this plan, call toll-free 1-888-494-TROY (8769).
- If you are not a member of this plan, call toll-free 1-888-494-TROY (8769).
- For hearing and speech impaired, please dial 711 (TTY/TDD users). If you speak a language other than English, we also have language line services free of charge and available to you.
- You can also get plan information on our website at www.troymedicare.com

#### Who can join?

This plan is available to anyone who is eligible for Medicare Part A and Part B and resides in one of our service areas. Our current service areas are Cabarrus, Iredell, Robeson, and Rowan counties in North Carolina.

#### Which doctors, hospitals, and pharmacies can I use?

Troy Medicare has a network of doctors, hospitals, pharmacies, and other providers. If you use the providers that are not in our network, the plan may not pay for these services.

You must use network pharmacies to fill your prescriptions for covered Part D drugs. Troy has a preferred network of pharmacies. This preferred network of pharmacies is a select network of local pharmacies designed to help save you money on your prescriptions and provide prescription management. You may choose non-preferred pharmacies to fill prescriptions, but your costs may be higher. Our pharmacy network may change at any time. You will receive notice when necessary.

You can access our provider and pharmacy directories at our website, www.troymedicare.com. Or, you can call us and we will send you a copy of the provider and pharmacy directories.

#### What do we cover?

Like all Medicare Advantage health plans, we cover everything that Original Medicare covers - and more. Our plan members get all the benefits covered by Original Medicare, Part C and Part D plans, as well as supplemental benefits including Dental, Vision, Over the Counter, and Hearing.







We cover Part D drugs. In addition, we cover Part B drugs such as chemotherapy and some drugs administered by your provider. You can see the complete plan formulary (list of Part D prescription drugs) and any restrictions on our website www.troymedicare.com. Or, you can call us and we will send you a copy of the formulary.

There are certain services that require an authorization, and those services are identified with a note or an asterisk. As a member of this plan, you must choose a Primary Care Provider (PCP) who is responsible for coordinating your health care. Your PCP will work with the plan when an authorization is required. Your PCP will also coordinate your health care with a specialist, if you need to see a specialist or are currently seeing a specialist.

Benefits, premiums and/or copayments and/or coinsurance may change on January 1 of each year. Plans may offer supplemental benefits in addition to Part C benefits and Part D benefits.

#### How will I determine my drug costs?

The amount you pay for drugs depends on the drug you are taking and what stage of the benefit you have reached. We provide information on the coverage stages and what you pay at each stage. We also provide you with our coverage tiers and what you pay for drugs within each tier. If you have questions about a specific drug, you can ask us or call us to find out if it is on our formulary and how much it will cost you as a member of our plan.

## **SUMMARY OF BENEFITS**

# Monthly Premium, Deductible, and Limits on How Much You Pay for Covered Services

How much is the monthly premium?	There is no plan premium. You must continue to pay your Medicare Part B Premium and any Late Enrollment Premiums.
How much is the deductible?	There is no plan deductible.
Is there any limit on how much I will pay for my covered services?	There is a Maximum out of pocket you could pay of \$5900 per year.

Covered Medical and Hospital Benefits			
Inpatient Hospital Care (prior authorization rules may apply)	<ul> <li>There is a \$345 copayment for days 1-5 for each inpatient admission.</li> <li>There is a \$0 copayment after day 5 for each inpatient admission.</li> <li>Your copayment will be applied for each admission unless you have met your out-of-pocket limit of \$5900.</li> </ul>		
Outpatient Hospital (prior authorization rules may apply)	<ul> <li>There is a \$370 copayment for Medicare-covered Outpatient services.</li> <li>There is a \$370 copayment for Medicare-covered Observation services per day.</li> </ul>		
Ambulatory Surgery Center (prior authorization rules may apply)	There is a \$370 copayment for Medicare-covered     Ambulatory Surgery services.		
Doctor Office Visits	<ul><li>There is a \$0 PCP copayment per visit.</li><li>There is a \$35 Specialist copayment per visit.</li></ul>		

## **Covered Medical and Hospital Benefits**

Preventive Care	\$0 copayment for Medicare-covered preventive services including those listed below:  Abdominal aortic aneurysm screenings  Alcohol misuse screenings and counseling  Bone mass measurement  Breast cancer screening and mammograms  Cardiovascular disease behavioral therapy  Cardiovascular disease screenings  Cervical and vaginal cancer screenings  Colorectal cancer screenings  Depression screenings  Diabetes screenings  Hepatitis B & C screening tests  HIV screenings  Lung cancer screenings  Medical nutrition therapy services  Obesity screenings and counseling  PSA test for prostate cancer screenings  Sexually transmitted infections screenings and counseling  Shots, including flu shots, hepatitis B shots, and
	<ul><li>pneumococcal shots</li><li>Tobacco use cessation counseling</li></ul>
	<ul> <li>Welcome to Medicare preventive visit</li> <li>There is a 20% coinsurance only for the Medicare-covered preventative services listed below:</li> <li>Barium enema as an alternative to the flexible sigmoidoscopy for colorectal cancer screening</li> <li>Diabetes self-management training</li> <li>Digital rectal prostate cancer exam</li> <li>Electrocardiogram (EKG) screening, when part of your "Welcome to Medicare" preventive visit</li> <li>Glaucoma tests</li> </ul>
Emergency Care	<ul> <li>There is a \$90 copayment for emergent care received in an emergency room.</li> <li>This copayment is waived if admitted to the hospital within 24 hours of receiving care.</li> </ul>
Urgently Needed Services	<ul> <li>There is a \$50 copayment for urgent care received in an urgent care center.</li> <li>This copayment is waived if admitted to the hospital within 24 hours of receiving care.</li> </ul>

Covered Medical and Hospital Benefits			
Diagnostic Tests, Lab and Radiology Services, and X-Rays (Costs for these services may be different if received in an outpatient surgery setting) (prior authorization rules may apply)	<ul> <li>There is a \$0 copayment for laboratory testing services.</li> <li>There is a \$0 copayment for blood and transfusion services.</li> <li>There is a \$10 copayment for X-ray services.</li> <li>There is a \$50 copayment for advanced radiological services, such as a CT scan, MRI, or MRA.</li> <li>There is a 20% coinsurance for radiation therapy services.</li> </ul>		
Hearing Services	<ul> <li>There is a \$0 copayment for hearing exams, or fitting evaluations for hearing aids.</li> <li>There is a \$500 allowance for routine hearing exams and fitting / evaluations for hearing aids, and hearing aids every two years.</li> </ul>		
Dental Services	<ul> <li>There is a \$0 copayment for preventive dental services listed.</li> <li>Preventive Dental includes:</li> <li>2 Periodic or Comprehensive oral exams per calendar year</li> <li>1 Complete series of oral x-rays every 36 months</li> <li>1 Bitewing x-rays per calendar year</li> <li>2 prophylaxis treatments per calendar year</li> <li>1 periodontal scaling per quadrant per 24 months</li> <li>2 periodontal maintenance per calendar year</li> </ul>		
Vision Services	<ul> <li>There is a \$50 allowance toward an annual eye exam once a year.</li> <li>There is a \$150 allowance toward eyewear purchased each year.</li> </ul>		
Mental Health Care (prior authorization rules may apply)	<ul> <li>Inpatient Mental Health</li> <li>There is a \$345 copayment for days 1-5 for each inpatient admission.</li> <li>There is a \$0 copayment after day 5 for each inpatient admission.</li> <li>Your copayment will be applied for each admission unless you have met your out-of-pocket limit of \$5900.</li> <li>Outpatient Mental Health and Substance Abuse</li> <li>There is a \$20 copayment for each individual or group outpatient mental health therapy session.</li> </ul>		

Covered Medical and Hospital Benefits			
Skilled Nursing Facility (SNF) (prior authorization rules may apply)	<ul> <li>There is no copayment for Medicare-covered SNF admission for days 1-20.</li> <li>There is a \$178 copayment per day for days 21 – 100.</li> </ul>		
Outpatient Rehabilitation (prior authorization rules may apply)	<ul> <li>There is a \$20 copayment for each physical therapy visit.</li> <li>There is a \$20 copayment for each occupational therapy visit.</li> <li>There is a \$20 copayment for each speech therapy visit.</li> </ul>		
Ambulance (prior authorization rules may apply for air ambulance services)	<ul> <li>There is a \$300 copayment for Medicare-covered ground ambulance services.</li> <li>There is a 20% coinsurance for Medicare-covered air ambulance services.</li> </ul>		
Transportation	Transportation services are not covered.		
Medicare Part B prescription drugs	There is a 20% coinsurance for each Medicare-covered     Part B Drug.		
Durable Medical Equipment (wheelchairs, oxygen, etc.) (prior authorization rules may apply)	• There is a 20% coinsurance for DME items		
Diabetes Supplies and Services (prior authorization rules may apply)	<ul> <li>There is a \$0 copayment for preferred diabetic testing supply brands: ACCU-CHEK® and FreeStyle Libre®.</li> <li>There is a 20% coinsurance for diabetic self-management training.</li> <li>There is a 20% coinsurance for therapeutic custom-molded shoes.</li> </ul>		
Over-the-Counter Allowance Medication that does not require a prescription and/or health-related medical supplies.	There is a quarterly \$40 allowance for Medicare-eligible     Over-the-Counter drugs and health-related items. This     amount does not roll over to the next quarter if unused.		

Prescription Drug Benefits				
Stage 1 Yearly Deductible Stage	Stage 2 Initial Coverage Stage	<b>Stage 3</b> Coverage Gap Stage	Stage 4 Catastrophic Coverage Stage	
Because there is no deductible for the plan, this payment stage does not apply to you.	You begin in this stage when you fill your first prescription of the year.  During this stage, the plan pays its share of the cost of your drugs and you pay your share of the cost.  You stay in this stage until your year-to-date "total drug costs" reach \$4,130.	During this stage, you pay 25% of the price for brand name drugs (plus a portion of the dispensing fee) and 25% of the price for generic drugs.  You stay in this stage until your year-to-date "out-of-pocket costs" (your payments) reach a total of \$6,550.  This amount and rules for counting costs toward this amount have been set by Medicare.	During this stage, the plan will pay most of the cost of your drugs for the rest of the calendar year (through December 31, 2021).	

#### **Troy Medicare Pharmacy Network**

Our pharmacy network includes non-preferred and preferred pharmacies. You can go to either type of network pharmacy to receive your covered prescriptions drugs. However, your cost share is lower at a preferred pharmacy.

	Preferred retail cost-sharing (in-network) (up to a 30-day supply)	Standard retail cost-sharing (in-network) (up to a 30-day supply)	Long-term care (LTC) cost-sharing (up to a 31-day supply)	Out-of-network cost-sharing (Coverage is limited to certain situations) (up to a 30-day supply)
Cost-Sharing Tier 1 (Preferred generic drugs)	\$0 copayment	\$10 copayment	\$10 copayment	\$10 copayment
Cost-Sharing Tier 2 (Non-preferred generic drugs)	\$5 copayment	\$20 copayment	\$20 copayment	\$20 copayment
Cost-Sharing Tier 3 (Preferred brand name drugs)	\$25 copayment	\$40 copayment	\$40 copayment	\$40 copayment
Cost-Sharing Tier 4 (Non-preferred brand name drugs)	\$100 copayment	\$100 copayment	\$100 copayment	\$100 copayment
Cost-Sharing Tier 5 Specialty Drugs	33% coinsurance	33% coinsurance	33% coinsurance	33% coinsurance

Troy Medicare's pharmacy network includes limited lower-cost, preferred pharmacies in our service areas. The lower costs advertised in our plan materials for these pharmacies may not be at the pharmacy you use. For up-to-date information about our network pharmacies, including whether there are any lower-cost preferred pharmacies in your area, please call member service at 1-888-494-TROY (8769), TTY users dial 711. Or consult the online directory at www.troymedicare.com.

Troy Medicare HMO complies with applicable Federal civil rights laws and does not discriminate based on race, color, national origin, age, disability, or sex. Troy Medicare HMO does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.







#### **Troy Medicare HMO:**

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact Member Services at 1-888-494-TROY (8769).

If you believe that Troy Medicare HMO has failed to provide these services or discriminated in another way based on race, color, national origin, age, disability, or sex, you can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, our Civil Rights Coordinator is available to help you. Troy Medicare's Civil Rights Coordinator can be contacted by mail:

Troy Medicare ATTN: Chief Compliance Officer P.O. Box 30516 Charlotte, NC 28230

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 1-800-537-7697 (TDD).

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

#### Nondiscrimination Statement

English: Troy Medicare complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Spanish: Troy Medicare cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo.

French: Troy Medicare respecte les lois fédérales en vigueur relatives aux droits civiques et ne pratique aucune discrimination basée sur la race, la couleur de peau, l'origine nationale, l'âge, le sexe ou un handicap.

French Creole: Troy Medicare konfòm ak lwa sou dwa sivil Federal ki aplikab yo e li pa fè diskriminasyon sou baz ras, koulè, peyi orijin, laj, enfimite oswa sèks.

Italian: Troy Medicare è conforme a tutte le leggi federali vigenti in materia di diritti civili e non pone in essere discriminazioni sulla base di razza, colore, origine nazionale, età, disabilità o sesso.

Portuguese: Troy Medicare cumpre as leis de direitos civis federais aplicáveis e não exerce discriminação com base na raça, cor, nacionalidade, idade, deficiência ou sexo.

German: Troy Medicare erfüllt geltenden bundesstaatliche Menschenrechtsgesetze und lehnt jegliche Diskriminierung aufgrund von Rasse, Hautfarbe, Herkunft, Alter, Behinderung oder Geschlecht ab.

Norwegian: Troy Medicare overholder gjeldende føderale lover om borgerrettigheter og diskriminerer ikke på grunnlag av etnisitet, farge, nasjonal opprinnelse, alder, funksjonshemning eller kjønn.

Russian: Troy Medicare соблюдает применимое федеральное законодательство в области гражданских прав и не допускает дискриминации по признакам расы, цвета кожи, национальной принадлежности, возраста, инвалидности или пола.

شود. :Persian از قوانین حقوق مدنی فدرال مربوطه تبعیت می کند و Persian هیچگونه تبعیضی بر اساس نژاد، رنگ پوست، اصلیت ملیتی، سن، ناتوانی یا جنسیت افراد قایال نمی

Greek: Troy Medicare συμμορφώνεται με τους ισχύοντες ομοσπονδιακούς νόμους για τα ατομικά δικαιώματα και δεν προβαίνει σε διακρίσεις με βάση τη φυλή, το χρώμα, την εθνική καταγωγή, την ηλικία, την αναπηρία ή το φύλο.

Serbo-Croatian: Troy Medicare pridržava se važećih saveznih zakona o građanskim pravima i ne pravi dis- kriminaciju po osnovu rase, boje kože, nacionalnog porijekla, godina starosti, invaliditeta ili pola.

ق وفاقی شہری حقوق کیے قوانین کی تعمیل کرتا ہے اور یہ کہ نسل، قابل اط Troy Medicare ق وفاقی شہری حقوق کیے قوانین کی تعمیر، معذوری یا جنس کی بنیاد پر امتیاز نہیں کرتا۔:Urdu

Hindi: Troy Medicare

ध्यान दें: अगर आप बात करने में सक्षम हैं हिंदी, तो नि शुल्क भाषा सहायता सेवाएं उपलब्ध हैं। अपने सदस्य आईडी कार्ड या इस वेबपेज पर सूचीबद्ध नंबर पर फोन करें। Chinese: Troy Medicare 遵守適用的聯邦民權法律規定,不因種族、膚色、民族 血統、年齡、殘障或性 別而歧視任何人。

Japanese: Troy Medicare は適用される連邦公民権法を遵守し、人種、肌の色、出身国、年齢、障害または性別に基づく差別をいたしません。

Korean: Troy Medicare

주의: 한국어를 하시는 분들을 위해 무료 통역 서비스가 제공됩니다. 귀하의 회원 ID 카드 또는 본 웹페이지를 통해 제공되는 번호로 문의해 주시기 바랍니다.

Vietnamese: Troy Medicare tuân thủ luật dân quyền hiện hành của Liên bang và không phân biệt đối xử dựa trên chủng tộc, màu da, nguồn gốc quốc gia, độ tuổi, khuyết tật, hoặc giới tính.

Tagalog: Sumusunod ang Troy Medicare sa mga naaangkop na Pederal na batas sa karapatang sibil at hindi nandidiskrimina batay sa lahi, kulay, bansang pinagmulan, edad, kapansanan o kasarian.

#### Multi-Language Interpreter Services

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-888-494-TROY (8769) (TTY: 711).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-494-TROY (8769) (TTY: 711).

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-844-859-6152 (TTY: 711).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-888-494-TROY (8769) (TTY: 711).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-888-494-TROY (8769) (TTY: 711).

مقرب لصت المراب كل رفاوتت قى غلل الادعاسم المامة المرح ناف ، فغلل المدحت تنك اذا مقرب لصت المراب كال رفاوت المراب المراب

OBAVJEŠTENJE: Ako govorite srpsko-hrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite 1-888-494-TROY (8769) (TTY: 711).

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。1-888-494-TROY (8769) (TTY: 711) まで、お電話にてご連絡ください。

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-888-494-TROY (8769) (TTY: 711).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-888-494-TROY (8769) (TTY: 711)번으로 전화해 주십시오.

Wann du [Deitsch (Pennsylvania German / Dutch)] schwetzscht, kannscht du mitaus Koschte ebber gricke, ass dihr helft mit die englisch Schprooch. Ruf selli Nummer uff: Call 1-888-494-TROY (8769) (TTY: 711).

ध्यान दिनुहोस्: तपाईंले नेपाली बोल्नुहुन्छ भने तपाईंको निम्ति भाषा सहायता सेवाहरू निःशुल्क रूपमा उपलब्ध छ । फोन गर्नुहोस् 1-888-494-TROY (8769) (टिटिवाइ: (TTY: 711) ।

XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1-888-494-TROY (8769) (TTY: 711).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-888-494-TROY (8769) (телетайп: 711).

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-888-494-TROY (8769) (TTY: 711).

ICITONDERWA: Nimba uvuga Ikirundi, uzohabwa serivisi zo gufasha mu ndimi, ku buntu. Woterefona 1-888-494-TROY (8769) (TTY: 711).



Troy Medicare, P.O. Box 30516, Charlotte, NC 28230

1-888-494-TROY (8769)

(TTY/TDD users, please call 711)

# www.troymedicare.com

#### We're here for you from:

October – March: 8:00 am – 8:00 pm seven days a week

April – September: 8:00 am – 8:00 pm Monday through Friday