

ISSUE: 1

5

fun activities

YOU'LL NEED:
a pen or pencil
and crayons

LOTS OF USEFUL SAFETY TIPS INSIDE!

BE A BIKE SAFETY HERO



**SAFE
K:DS**

NORTH CAROLINA

NC DEPARTMENT OF INSURANCE
MIKE CAUSEY, COMMISSIONER

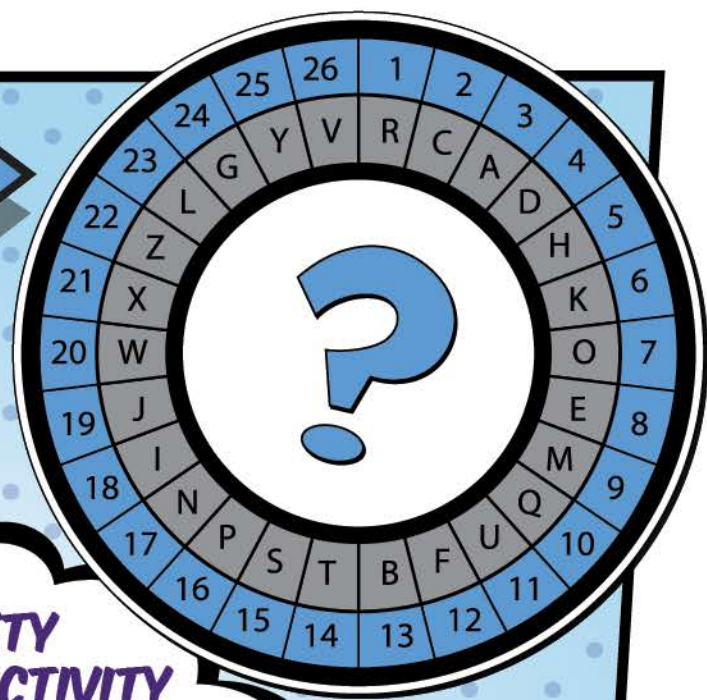
NORTH CAROLINA

**GOVERNOR'S
HIGHWAY SAFETY
PROGRAM**

1-888-347-3737

safekidsnc.org

USE THIS DECODER KEY TO CRACK THE SECRET SAFETY MESSAGE...



THE SAFETY TIPS IN THIS ACTIVITY BOOK WILL HELP YOU SOLVE THE PUZZLE!

12 7 23 23 7 20

14 5 8

1 11 23 8 15

7 12

14 5 8

1 7 3 4

COLOR ME!



HOW MANY WORDS CAN YOU MAKE USING THE LETTERS IN...

BIKE SAFETY

Handwriting practice lines consisting of several horizontal red lines on a background of a city street scene with buildings, trees, and a lamppost.

WORD FIND

CIRCLE ALL THE BIKE SAFETY WORDS BELOW

WANNA BE A BIKE SAFETY HERO?

REMEMBER TO ONLY USE A BICYCLE THAT IS THE APPROPRIATE SIZE FOR YOU. ALWAYS WEAR A PROPERLY FITTING HELMET, AND STAY ALERT AT ALL TIMES – NEVER LISTEN TO MUSIC WHEN RIDING A BIKE, SO YOU CAN PAY ATTENTION AND WATCH FOR CARS, PEOPLE AND OTHER BICYCLISTS.

ALERT
BIKE
BRAKE
BRIGHT
CAUTION
HANDLEBARS
HELMET
LOOK

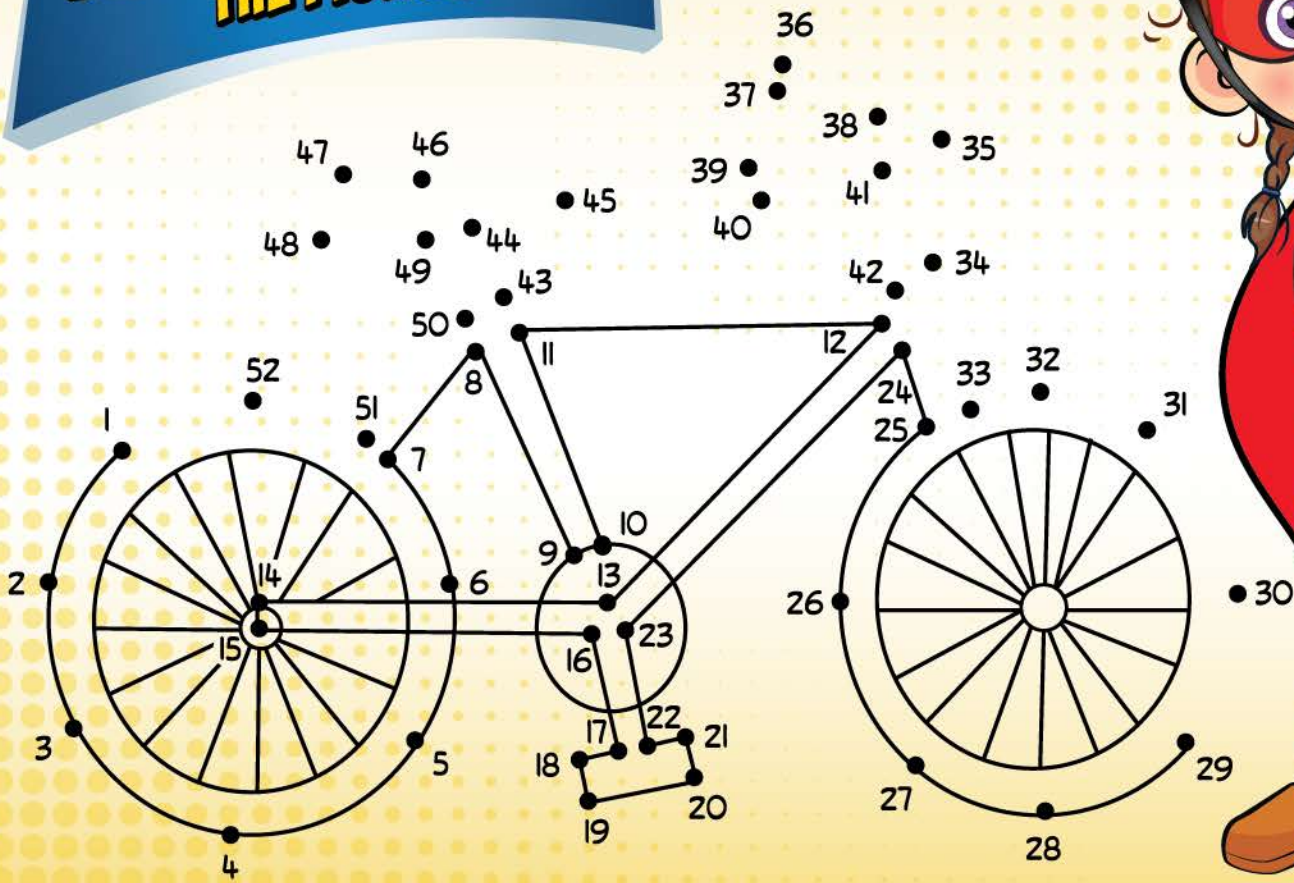
PEDAL
REFLECTOR
RIDE
SAFE
SPOKES
STOP
TIRE
WHEEL



Q L W P C
I P S M R U C G P
D T W H E E L I E H C
Q H E L M E T H I F A S F
C A D H Z H G K P B N P S
D G B P E D A L I O P D O T S
G E R E F L E C T O R L K O A
R I D E T O B I K E F E E P F
J Y N T B R A K E C P B S J E
I O B A I M Y Y L A G A N W M
A J R F R E R M U L R O K
L L M I W E C O T O S Z K
D E P G A T Y I O U G
C R H H H T O K R
T R T H N

BE BRIGHT AND USE LIGHTS! MAKE SURE YOUR BIKE HAS REFLECTORS. IT'S SMART TO ALWAYS WEAR A BIKE HELMET AND HIGH VISIBILITY GEAR TO HELP KEEP YOU SAFE. BIKE HEADLIGHTS AREN'T JUST FOR YOU TO SEE WHERE YOU'RE GOING, BUT FOR OTHERS TO SEE YOU.

JOIN THE DOTS TO FINISH THE PICTURE



BIKE SAFETY TIPS

Ride on the sidewalk when you can. If not, ride in the same direction as traffic as far on the right-hand side as possible.

Check your equipment (brakes, tires, reflectors, chains, etc.)

Wear a properly-fitted helmet and bright colors.

Use hand signals and follow the rules of the road.

Reflectors on your clothes and bike will help you be seen.